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import java.awt.BorderLayout;
import java.awt.Color;
import java.awt.Dimension;

import javax.swing.JFrame;
import javax.swing.JPanel;
import javax.swing.JScrollPane;
import javax.swing.JTable;

public class AfficheJTable extends JFrame {
    private JPanel pan = new JPanel();

    public AfficheJTable() {
        this.setTitle("M2i Formation - Gestion Amis");
        this.setSize(500, 300);
        this.setDefaultCloseOperation(JFrame.EXIT_ON_CLOSE);
        this.setLocationRelativeTo(null);

        Object[][] donnees = {
            {"Durand", "Paul", Color.red, true, Sport.TENNIS},
            {"Nicolas", "Dujardin", Color.black, true, Sport.FOOTBALL},
            {"Damien", "Painert", Color.cyan, true, Sport.RIEN},
            {"Corinne", "Boulon", Color.blue, false, Sport.BASKET},
            {"Emilie", "Jolie", Color.magenta, false, Sport.FOOTBALL},
            {"Delphine", "Bateau", Color.yellow, false, Sport.TENNIS},
            {"Eric", "Bilou", Color.pink, true, Sport.FOOTBALL},
        };

        String[] entetes = {"Prénom", "Nom", "Couleur favorite", "Homme", "Sport"};

        JTable tableau = new JTable(donnees, entetes);
        JScrollPane scrollPanel = new JScrollPane(tableau);
        scrollPanel.setPreferredSize(new Dimension(300, 150));

        pan.add(scrollPanel, BorderLayout.CENTER);

        this.setContentPane(pan);
        this.setVisible(true);
    }
}

```